

# My Information

Personal details we need to work with you



**Opening Doors**



Your name



Your date of birth

(the day, month and year you were born)

DD MM YYYY

For example: 31 12 1970

  /  /  /



Your address



Your phone number(s)



Your email



How can we get in touch with you?



Call



Text



Email



Letter



Opening Doors can **share my information** with other workers or organisations so they can help me.



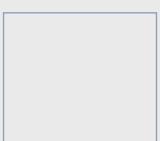
Opening Doors can contact other workers or organisations **on my behalf** without me being there.



### Please tick the things we can use



**Photos and videos**



**Your written story**



These may be used in all these places



**Online**



**Project reports**



**At our office**



I want to be a **member** of Opening Doors.



I want **newsletters** and other Opening Doors information.



I have been through the **All about my information** booklet.



Write your name here



Sign your name here



Write the date here



Please post this form back in the FREEPOST envelope to Opening Doors or give to staff.



01603 631433



admin@openingdoors.org.uk

You do not have to be a member to get help from Opening Doors