

# South Norfolk Advocacy Group

A group run by and for  
adults with learning disabilities



Free



We meet  
at **Morrisons**  
in Diss



A chance to speak up  
and get your voice heard



Make choices  
and decisions



Make new  
friends



You can bring  
a supporter



Try out  
new things

See the back page for **2026** dates

January  
15

January  
29

February  
12

February  
26

March  
12

March  
26

April  
9

April  
23

May  
7

May  
21

June  
4

June  
18

July  
2

July  
16

July  
30

August  
13

August  
27

September  
10

September  
24

October  
8

October  
22

November  
5

November  
19

December  
3

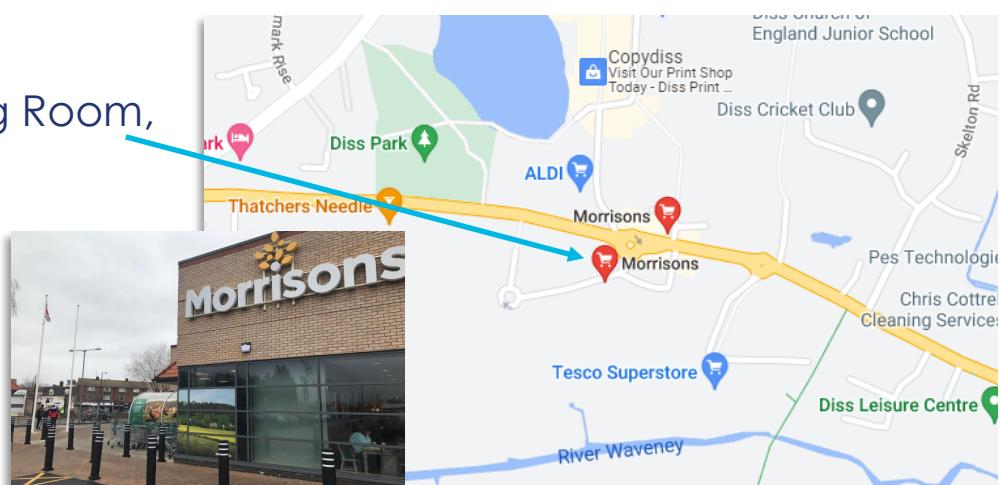
December  
17

**Getting here:** You will need to arrange your own travel

### **Morrisons**

Community Meeting Room,  
Victoria Road,  
Diss, IP22 4XF

**Charity number:**  
1060002



**Get in touch if you would like to come along**



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