

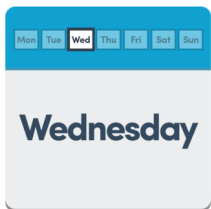
# Being Healthy, Happy, Safe 2026



A day of **FREE** fun, talks and performances run by adults with learning disabilities



Save the date



The Forum, Norwich



Thanks to **The National Lottery Community Fund** we will be back in **June 2026!**



Watch and join in with performers



Try things out on stalls



Try out crafts



Learn new things

Charity number: 1060002 [www.openingdoors.org.uk](http://www.openingdoors.org.uk)